



Ringette Ontario Participant Protocols

Athlete and Parent Protocols

All athletes must have, prior to their first session

- Skate guards
 - Parents should practice with the athlete at home, to ensure they can put their skate guards on themselves
 - Their own water bottle, labeled with their name in large letters
 - A small bag specifically for their helmet and gloves (this bag should be machine washable – i.e. pillow-case, fabric bag, drawstring bag)
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Pre-Event Responsibilities:

- If you or your child is feeling unwell, or exhibiting any related symptoms, you must stay home
 - Athletes must use the designated online software (RAMP TEAM App, TeamSnap, etc.) to RSVP their attendance no less than 48 hours prior to the session
 - Any athletes not marked as attending less than 48 hours prior to the session will be unable to attend
 - Athletes (and their guardians if applicable) should ensure that their equipment is clean prior to going to a session. This includes washing their jersey, sanitizing gloves and helmet, washing their water bottle, and washing their individual helmet and glove bag
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Arrival and Entrance:

Scenario 1 No parents in facility, no dressing rooms	Scenario 2 1 parent/athlete, no dressing room
<ul style="list-style-type: none">• It is recommended that athletes arrive at the facility already wearing their under-gear garments. Athletes will arrive and dress in/at their vehicle.• Gear bags will remain in vehicles once athletes have finished dressing.• Parents should bring their athletes to the designated entrance, waiting outside, maintaining social distancing from all other families and patrons• Athletes will move toward the entrance of the facility, one at a time, when called, wearing all of their gear, and carrying their stick and water bottle.	<ul style="list-style-type: none">• It is recommended that athletes arrive at the facility already wearing their under-gear garments. Athletes will arrive and dress in/at their vehicle.• Gear bags will remain in vehicles once athletes have finished dressing.• Parents should bring their athletes to the designated entrance, waiting outside, maintaining social distancing from all other families and patrons• Parents must wear a mask• Athletes will move toward the entrance of the facility with their parent, one at a time, when called, wearing all of their gear, and carrying their stick and water bottle.

<ul style="list-style-type: none"> • Athletes will line up, single file, with a 2-metre distance between (athletes should not be able to reach out with their stick, and touch another athlete's stick), and follow their coach into the facility • Parents will remain outside of the facility. 	<ul style="list-style-type: none"> • Athletes will line up with their parent, with a 2-metre distance between (athletes should not be able to reach out with their stick, and touch another athlete's stick), and follow their coach into the facility • Parents will follow their athletes into the facility, and then proceed to the designated viewing area, maintaining social distance and following signage and guidelines
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During Session:

Scenario 1 No parents in facility, no dressing rooms	Scenario 2 1 parent/athlete, no dressing room
<ul style="list-style-type: none"> • Maintain Social Distance of 2 metres at all times • Athletes are not to share water bottles or equipment • Athletes will not move or touch the ring, cones, or other game equipment with their hands or gloves • Athletes will follow the direction of coaches and team staff • If any athlete needs their parent for an emergency, or equipment malfunction, they will tell the designated manager off ice, who will communicate to their parent who is outside the facility. The athlete will follow facility guidelines to meet with their parent (ie. meet parent in lobby in designated area, or parent will be led by the team manager into the arena to meet with their child). 	<ul style="list-style-type: none"> • Maintain Social Distance of 2 metres at all times • Athletes are not to share water bottles or equipment • Athletes will not move or touch the ring, cones, or other game equipment with their hands or gloves • Athletes will follow the direction of coaches and team staff • If any athlete needs their parent for an emergency, or equipment malfunction, they will tell the designated manager off ice, who will communicate to their parent who is in the designated viewing area. The athlete will follow facility guidelines to meet with their parent (ie. meet parent in lobby in designated area, or parent will be led by the team manager into an area where they can meet with their child). • Parents will remain in the designated viewing area for the duration of the session

Exit & Departure:

Scenario 1 No parents in facility, no dressing rooms	Scenario 2 1 parent/athlete, no dressing room
<ul style="list-style-type: none"> • Athletes will put their skate guards on, unassisted • Athletes will line up, single file, with a 2-metre distance between (athletes should not be able to reach out with their stick, and touch another athlete's stick), and follow their coach out of the facility • Parents should come to the designated pick up area, maintaining social distance from other families and patrons, and wait for their child 	<ul style="list-style-type: none"> • Athletes will line up, single file, with a 2-metre distance between (athletes should not be able to reach out with their stick, and touch another athlete's stick), and be called to walk to their parent • Athlete will put on skate guards, and exit the facility with their parent, remaining in their full gear, and following signage • Athlete's should place their helmet, gloves and water bottle into their small storage bag, and place that bag inside their gear bag.

- One at a time, when called, Athletes will walk to their parents, and then go to their vehicle.
- Athlete's should place their helmet, gloves and water bottle into their small storage bag, and place that bag inside their gear bag.
- This small bag, as well as the athlete's helmet, gloves and water bottle, should be washed and/or sanitized after each session

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